



# **MONTANA STATE HOSPITAL POLICY AND PROCEDURE**

## **DESCRIPTION OF SERVICES**

**Effective Date:** May 8, 2014

**Policy #:** ADM-05

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**I. PURPOSE:** To define and describe the programs and services provided by Montana State Hospital (MSH).

**II. POLICY:**

- A. MSH, an agency of the Montana Department of Public Health and Human Services, is a mental health facility located in Warm Springs, Montana. The Hospital's primary functions are defined in M.C.A. § 53-21-601. Two types of services are provided:
  - 1. inpatient hospital services; and
  - 2. residential Services for patients who are stable and no longer need inpatient hospital services, but cannot be discharged due to legal status or availability of aftercare services.
- B. MSH's primary function is to provide treatment and rehabilitation services for people with serious mental disorders needing intensive and specialized inpatient care.
- C. MSH has a secondary role of protecting the public from individuals who may present an imminent danger due to a serious mental illness.
- D. MSH supports the right of individuals to access appropriate care and treatment in the least restrictive setting. The Hospital works closely with community agencies and service providers to coordinate the provision of care and help people return to community settings as soon as they are stable enough to do so.
- E. Admissions to MSH are governed by Montana Statute. MSH primarily serves individuals admitted for care and treatment under civil and criminal commitment procedures. Discharge procedures are also governed by state statute.

**III. DEFINITIONS:** None.

**IV. RESPONSIBILITIES:**

- A. All employees are responsible for understanding the role of the Hospital and providing either directly or indirectly, treatment and rehabilitation services intended to stabilize patients and help them successfully return to a community setting.

## V. PROCEDURE:

Treatment at MSH is organized around five primary clinical pathways that collectively are called “Pathways to Recovery.” The purpose of the pathways is to provide meaningful, coordinated treatment for each individual in order to promote recovery and independence to the fullest extent possible. Programs on each treatment unit are developed around a particular treatment pathway. The Hospital supplements the treatment available on each unit with a variety of centralized services offered on campus. Centralized services include basic medical care, dental care, dietary services, and psychotherapeutic services. Individuals are offered a wide variety of recovery-focused services at the Recovery Center and Therapeutic Learning Center. Finally, the Hospital offers on-campus group home opportunities and services for individuals who have recovered and are preparing for the transition back to the community.

A brief description of each program follows:

### **A Unit, Main Hospital**

**Program  
Status**

**Social and Independent Living Skills (SILS) Pathway  
Licensed by State of Montana under Hospital  
Standards; Certified by CMS under federal Medicare  
& Medicaid Regulations**

A-Unit is designed to serve people experiencing symptoms of acute psychosis and affective disorders that impair judgment, social functioning, and independent living skills. After stabilization of symptoms, treatment focuses on helping people better understand and manage their psychiatric illness and to begin taking steps toward recovery. Groups and therapeutic activities are designed to provide learning and practice experiences that promote recovery and allow the individual to experience healthy patterns of living and an improved quality of life. Individuals have an opportunity to work on personal goals for recovery and movement to community placements.

### **B Unit, Main Hospital**

**Program  
Status**

**Coping and Co-Occurring Pathway  
Licensed by State of Montana under Hospital  
Standards; Certified by CMS under federal Medicare  
& Medicaid Regulations**

B-Unit is designed for individuals whose primary problem is maladaptive coping behavior including substance abuse. This includes suicidal and self-injurious behaviors, eating disorders, problems with anger, problems in interpersonal relationships including aggression and lack of assertiveness, treatment non-compliance behaviors, somatization, and severe substance abuse. This program provides stage-based, integrated treatment to address complex treatment needs with a recovery perspective that includes acceptance of the individual into a therapeutic community.

The Intensive Treatment Unit is designed to manage the needs of individuals who are suffering from serious mental illness with associated behaviors that create the potential for serious harm to themselves or others. The unit is contained within the E-Unit area but is segregated in order to promote safety for the individuals being treated and other patients. Multidisciplinary treatment services are focused on treating the underlying

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illness, reducing risk for harm, and returning the individual to a less-restrictive treatment setting.

**Spratt Building**

<b>Program Status</b>	<b>Adaptive Living Skills (ALS) Pathway Licensed by State of Montana under Hospital Standards; Certified by CMS under federal Medicare &amp; Medicaid Regulations</b>
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Spratt treatment modalities are designed to enhance the physical, mental and psychological well-being of individuals who have long-term psychiatric disabilities and/or significant physical limitations. Individuals placed in this pathway include those whose psychosis or cognitive limitations are such that they severely interfere with daily functioning. Significant physical impairments may be present as well. Groups and therapeutic activities are highly individualized and designed to 1) provide a daily schedule that promotes physical, cognitive, emotional and social health; 2) promote each individual's self-respect and quality of life by providing activities that allow for self-expression, personal responsibility and choice.

**Group Homes**

Johnson House – 8 beds  
 McCollom House – 8 beds  
 Mickelberry House – 6 beds  
 Pintlar Lodge – 12 beds

<b>Status</b>	<b>Licensed as Mental Health Center Group Homes by the State of Montana.</b>
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The Group Homes provide transitional living for people preparing for discharge into a community placement. Program focus is on development of independent living and self-care skills and social adjustment from institutional care.

- VI. REFERENCES:** M.C.A. § 53-21-601 "Location and Primary Function of Hospital;" M.C.A. § 53-21-102 "Definitions" (under Treatment of the Seriously Mentally Ill section).
- VII. COLLABORATED WITH:** Medical Staff, Director of Clinical Services, and Addictive and Mental Disorders Division of DPHHS
- VIII. RESCISSIONS:** #ADM-05, *Description of Services* dated September 14, 2009; #ADM-05, *Description of Services* dated August 28, 2006; #ADM-05, *Description of Services* dated June 4, 2004; #ADM-05, *Role of Montana State Hospital* dated June 22, 2001; H.O.P.P. # 96-ADM-01 *Role of Montana State Hospital*, dated 9/23/96.

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- IX. DISTRIBUTION:** All hospital policy manuals
- X. ANNUAL REVIEW AND AUTHORIZATION:** This policy is subject to annual review and authorization for use by either the Administrator or the Medical Director with written documentation of the review per M.C.A. § 307-106-330.
- XI. FOLLOW-UP RESPONSIBILITY:** Hospital Administrator
- XII. ATTACHMENTS:** None

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John W. Glueckert                      Date  
Hospital Administrator